

Mental Health Counselling Facilities



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Memorandum of Understanding (MoU)

Farook Institute of Management Studies
Kozhikode, Kerala

&

Department of Psychology
Farook College (Autonomous)

This Memorandum of Understanding (MoU) is made and entered into on this 11 day of September, 2024 by and between Farook Institute of Management Studies, Farook College (Autonomous), Kozhikode, Kerala, and Department of Psychology, Farook College (Autonomous).

The purpose of this MoU is to establish a collaborative relationship between Farook Institute of Management Studies and the Department of Psychology, Farook College (Autonomous), for the provision of psychological counselling services aimed at fostering the mental health and well-being of the students of Farook Institute of Management Studies. It also aims to establish a framework for combined activities to empower and enhance efficiency of corporate managers and executives.

Principal Farook College Kozhikode
STAMP VENDOR, V. INDIRA
NALLALAM BAZAR, CALICUT-37



Dr. Ahamed Riaz.K

Director

Farook Institute of Management Studies
Farook College (P.O), Calicut - 673 632

Scope of Psychological Counselling Services

The Department of Psychology agrees to provide psychological counselling services, including but not limited to individual therapy, group counselling, crisis intervention, and mental health assessments. It also agrees to provide resources for workshops, seminars and conferences conducted for industry and academia participants on topics of mental health management.

Responsibilities of the Parties

Farook institute of Management Studies will:

- i. Provide access to the required resources and facilities
- ii. Ensure a safe and confidential environment for counselling sessions.
- iii. Promote the availability of counselling services to the students of the institution.

Department of Psychology, Farook College (autonomous) will:

- i. Provide qualified and licensed psychological counsellors to deliver the services.
- ii. Maintain confidentiality of all the student information
- iii. Submit reports to Farook institute of Management Studies on outcomes of the services provided, suggesting remedial measures and further course of action if any.

Financial Arrangements

Farook institute of Management Studies will undertake the responsibility of the monetary payment for the services availed.

This MoU will remain in effect for a period of two years from the date of signing. Either party may terminate the MoU by giving a written notice of three months. The terms of this MoU may be reviewed and amended by mutual consent of both parties. Any amendments shall be documented in writing and signed by authorized representatives of both institutions.

Signatories

For Farook Institute of Management Studies:
Dr. Ahamed Riaz.K
Director
Farook Institute of Management Studies
Farook College (P.O), Calicut - 673 632

For Farook College (Autonomous):
Dr. Aysha Swapna K.A. (PEN: 469225)
Principal
Farook College (Autonomous)
Farook College Post, Calicut



Dr. Aysha Swapna K.A.
Witness 1

Dr. Aysha Swapna K.A.
Witness 2



By signing this MoU, both parties agree to the terms and conditions outlined above and commit to fostering a collaborative relationship to achieve the objectives set forth.



Dr. Ahamed Riaz.K

Director

Farook Institute of Management Studies
Farook College (P.O), Calicut - 673 632



**FAROOK INSTITUTE OF
MANAGEMENT STUDIES**

(Promoted by Farook College - Estd. 1948)

Approved by AICTE & Affiliated to the University of Calicut

FIMS in Association with
Department of Psychology
Farook College (Autonomous)

Session on

MENTAL HEALTH AND WELLBEING

Resource Persons



**Dr. Fathima Bushra
Saliha KP**
(Assistant Professor,
Department of Psychology,
Farook College)



Dr. Saheera KT
(Assistant Professor,
Department of Psychology,
Farook College)



Ms. Nihla C
(Assistant Professor,
Department of Psychology,
Farook College)

23rd October 2025
1.30 pm
MDP Hall, FIMS



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Director

Farook Institute of Management Studies
Farook College (P.O), Calicut - 673 632

Farook College P.O., Calicut, Kerala - 673 632
Tel/Fax: +91-495-2440658/648, 9995405999
mba@fims.ac.in www.fims.ac.in